

# 2010 BOYS LACROSSE RULES EXAMINATION



**Instructions:** Only the answer sheet of this examination will be sent to the grader. You retain the questions for further study. Since correction is by machine scanning or perforated key, you must use care in clearly marking correct spaces on the answer sheet according to directions. Every part of each question is to be answered. Indicate whether you believe a part is true or false by marking the appropriate blank on the answer sheet.

**NOTE:** Send answer sheet to your state association office unless otherwise instructed.

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## 2010 Rules Changes

1. A team must have a legally equipped goalkeeper on the field at all times.
2. Failure to have a legally equipped goalkeeper on the field is an unsportsmanlike conduct foul.
3. It is holding if an attackman locks down the defenseman's crosse with his free arm.
4. It is legal for a faceoff man to grasp his opponent's crosse while the ball is loose.
5. In addition to other requirements, legal faceoff position requires crosses evenly matched and perpendicular to the ground with fingers wrapped around the handle of the crosse.

## Game Play

6. The horn must be sounded for regular substitutions after a goal is scored.
7. Regular substitution may take place when play is stopped for a non-time-serving foul.
8. Special substitution may take place while play is suspended for an equipment violation.
9. A goal shall be disallowed if a player from the attacking team has released early from the penalty area and the officials are notified of the error prior to the restart of play.
10. Upon gaining possession of the ball in the defensive half of the field, a 10-second clearing count will start.
11. One of the situations that will stop a 20-second clearing count is when a loose ball breaks the plane of the midfield line.
12. The "set" command must be used on all faceoffs.
13. The home team shall supply an adequate number of balls or ball retrievers at each end line.
14. Each ball used in a game must have the NFHS Authenticating Mark.
15. Any apparently unconscious player can return to participate in the contest with a physician's verbal authorization.
16. When the team in possession of the ball in its offensive half of the field is offside, the ball is awarded to the opposing team at the Center Faceoff X.

## Disqualification, Expulsion Fouls and Sportsmanship

17. The use of tobacco or smokeless tobacco results in a 1-minute foul.
18. The penalty for fighting is a 3-minute non-releasable ejection foul.
19. A coach who has been ejected from a contest must leave the premises for the remainder of the game.
20. A player who accumulates five fouls of any kind is disqualified from the game.

## Equipment – Crosse

21. A 42-inch crosse is illegal.
22. The crosse shall be relatively straight from the butt end to the end of the head. A "relatively straight" crosse shall be defined as one that may be laid flat on a tabletop on the side opposite the netting so that a substantial portion of the crosse rests on the table and such that there is a distance from the tabletop to the bottom edge of the head that at no point exceeds 2¾ inches.
23. All sticks must have a ball stop.
24. The head of the crosse at its widest point shall be at least 6 inches inside measurement.

## Equipment – Player

25. The tooth and mouth protector shall be of any readily visible color other than white or clear.
26. The tooth and mouth protector must cover all of the upper and lower teeth with adequate thickness.
27. A player may wear a clear, molded and non-rigid helmet eye shield.
28. A player may wear eye glasses, either tinted or clear.
29. A player may wear both a clear, molded and non-rigid helmet eye shield and tinted eye glasses.
30. Goalkeepers must wear chest and throat protectors.
31. The jersey must completely cover the shoulder pads.
32. Arm pads are required equipment for all players except goalkeepers.
33. Players of the same team must wear uniform shorts of the same dominant color.

### **Equipment Checks**

34. The fingers/palms of a player's hands must be completely covered by his gloves and the gloves may not be altered in a way that compromises their protective features.
35. A crosse must be used in the game to be inspected.
36. While inspecting a player's crosse, the official finds that the stick is too short. This causes the player to receive a 3-minute, non-releasable penalty. The stick may not be used again in the game.
37. A goal will not be allowed if an opposing coach requests a stick check and the scorer's stick is found to be illegal before the next live ball.

### **Faceoff**

38. If both teams have uniform violations before the game starts, the game will start with a faceoff.
39. There are several situations where a faceoff would not start the game.
40. During a faceoff, the player's feet may not touch the centerline of the field. Also, the player's entire body must be to the left of the throat of his crosse. The crosse may not touch the ball, and the player may lean over the centerline.
41. If a ball that has not crossed the defensive-area line goes directly out of bounds on a faceoff, it shall be re-faced if it is not known which team either caused the ball to go out of bounds or last touched the ball.

### **Fouls**

42. Cross-checking is a personal foul.
43. It is a releasable personal foul to spear an opponent with the helmet.
44. It is illegal to body-check an opponent while he has one knee on the ground.
45. It is a slashing foul to strike an opponent on the back with the crosse or stick.
46. It is a personal foul when a player who is about to be checked turns his back and is hit from the rear.
47. A1 receives one minute for slashing followed by one minute for unsportsmanlike conduct. A1 will serve the one-minute penalty for unsportsmanlike first, and then if a goal is scored during the second minute, the player can be released.
48. It is legal to body-check an opponent if the ball is in flight within 5 yards of that opponent.
49. A1 cross-checks B1 in the head area. The official should assess A1 a two- or three-minute personal foul.

### **Fouls – Technical**

50. A 30-second penalty is assessed for all technical fouls regardless of who has the ball.
51. Participation in the play of the game by a player out of bounds is legal if the ball is in bounds.
52. Goalie B1 is in the crease and the ball is loose, also in the crease. A1 checks goalie B1's crosse and the official, after a play-on, calls interference on A1.
53. It is a technical foul for failure to use a scoreboard clock, if one is available.
54. The goalie, while in the crease, deliberately creates a loose-ball situation. The referee should begin a new 4-second count.
55. It is a technical foul to step on the crosse of an opponent.
56. The stalling warning remains in effect until a goal is scored, the defense gains possession of the ball or the period ends resulting in a faceoff.

### **Game Field**

57. The team benches should be at least 10 yards from the table.
58. The lacrosse field is 110 yards long.
59. The goal crease is 8 feet in radius.
60. The scorer's table should be at least 6 yards from the sideline.

### **Game Personnel**

61. The coach's privilege allows him/her to criticize an official's decision.
62. A game may begin if a team only has nine players.
63. The visiting team provides the scorekeeper.
64. It is the duty of the coaches to help control the game and actions of the spectators.

### **Game Play**

65. A referee mistakenly blows his/her whistle. An attack player shoots and scores. The referee must disallow the goal.
66. If the ball becomes stuck in a field player's crosse, the ball must be awarded to the opposing team.
67. Play must be stopped if the goalie's required headgear becomes broken during play.
68. In the event of an extra-man situation at the conclusion of any period, the next period shall be commenced by awarding possession of the ball to the team that had possession of the ball at the conclusion of the prior period in the same relative position on the field, assuming there are no fouls between the periods.
69. A shot is a ball propelled toward the goal by an offensive player, either by being thrown from a crosse, kicked or otherwise physically directed.
70. A goal will count even if the head comes off the stick on a successful shot.
71. If only one team is offside, a technical foul shall be called against the offending team.
72. B1 and B2 are offside while pursuing A1 and the official drops two flags. Then A2 commits a technical foul. The referee ends the slow-whistle situation and indicates B1, B2 and A2 must serve 30-second technical fouls with the ball being awarded to B.

### **Goalie**

73. On any restart, the goalie will be given a maximum of four seconds to re-enter the crease.
74. There must be one crosse 10 to 12 inches at its widest point, inside measurement, on the field at all times, and the crosse shall be used by the required goalkeeper.
75. The goalie in the crease is the only player who may bat the ball with his hand.
76. The goalie places his stick over a ball which is on the ground outside of the crease. An attack player may check the goalie's stick outside the crease.

### **Miscellaneous**

77. Teams are allowed one time-out in each overtime period.
78. During a dead ball, a coach may request a time-out/conference with the game officials at the table area if the coach believes an official has misapplied a rule.
79. The goalkeeper does not serve penalty time unless the foul is for unsportsmanlike conduct.
80. During a Goal Differential situation, Team A is serving a one-minute penalty. Team B shoots and the ball goes out of bounds. The timekeeper should not stop the clock.
81. If the score is tied in the last two minutes, both teams must "keep it in."
82. In the event of an inadvertent flag, play shall be suspended at the earliest opportunity that does not interfere with an imminent scoring opportunity. The team with possession when the flag was thrown shall retain possession; if the ball was loose outside the crease, possession shall be awarded by alternate possession.
83. The pregame coin-toss procedure gives the controlling team both control of the first alternate possession and the goal its team will defend first.
84. Team A has the lead in the last two minutes of the game and has possession in the attack goal area. If the ball (not a shot) exits the attack area and was last touched by Team A, and then is recovered by Team A, the ball should be awarded to Team B.

### **Official's Duties**

85. Dead-ball fouls are enforced in the sequence in which they occur.
86. The officials shall conduct four random stick checks during each quarter.
87. During a random equipment check, the official should only inspect a player's crosse.
88. During a conference to discuss a misapplication of a rule, video replay may not be used.

### **Penalties**

89. The penalty for stalling is normally a one-minute personal foul.
90. An illegal offensive screen occurs whether or not contact occurs.
91. When a second non-releasable, unsportsmanlike foul is assessed against a coach, that coach shall be ejected from the game.
92. It is illegal for players to wear gloves without palms.
93. Taunting of an opposing player is not permitted after scoring a goal.
94. Under the simultaneous-fouls rule, the least amount of common penalty time is considered non-releasable for players of both teams.
95. If the goalkeeper is penalized, the official will allow three minutes for a substitute keeper to warm up.
96. The penalty for unnecessary roughness is normally a 1-minute non-releasable personal foul.

### **Possession**

97. When a shot goes out of bounds, the ball is awarded to the team that had an inbounds player's body nearest to where the ball went out of bounds when it went out of bounds.
98. When a time-serving penalty occurs and the ball is in the offended team's defensive half of the field when the whistle is blown, the ball is awarded in the offended team's offensive half at the Center Faceoff X.
99. In a flag-down situation, the official shall blow his/her whistle when the ball moves out of the attack goal area.
100. If the ball was in the attack goal area when play was suspended, play shall be restarted laterally outside the goal area nearest to the spot of the ball at the time of the whistle.



# ALL SPORTS EXAMINATION ANSWER SHEET

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### SUPERVISOR

This examination was/was not written at one setting, without assistance and with supervision.

Signed \_\_\_\_\_  
Examination Supervisor

SPORT \_\_\_\_\_

PART 1  PART 2

TEST CENTER \_\_\_\_\_

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**Instructions:** Only the answer sheet of this examination will be sent to the grader. You retain the questions for further study. Make sure that your marks are dark and completely fill the spaces. If you wish to change an answer, erase the first answer and mark your new choice. For each statement which is true, mark the T space after the appropriate number on answer sheet. For each statement which is false, mark the F space.

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